



### Make the most of your stay!

Many of our visitors like to take part in activities during their stay, whether to enhance their own programme of work, to relax, or purely for interest. Bore Place is in an area of outstanding natural beauty, so we invite you to take time to enjoy your surroundings and the company you are with. Availability is space and tutor dependent.

To discuss or check availability, contact Becky [becky.baldock@boreplace.org](mailto:becky.baldock@boreplace.org)

### Night Walk

This is a particular favourite, a chance to experience the surrounds of Bore Place at night, whether you walk in quiet reflection or share your experience as you walk and talk through thoughts and ideas. The walk goes through fields and past our wind turbine, down to Bough Beech Reservoir where roosting birds call to each other before settling down for the night. If you venture down to the reservoir in May, you may be lucky enough to hear the visiting nightingales.

**Time allowed** approx. 1-1½hrs depending on the route taken

**Minimum group size** 10 participants; **Maximum** 25 participants; **Cost** £8 per head

### Pond Dipping

You're never too old to roll your sleeves up and delve into the underwater world of a freshwater pond. So, roll your sleeves up...what creatures will you find with our expert staff to guide you along the way.

**Time allowed** approx. 1hr

**Minimum group size** 10 participants; **Maximum** 20 participants; **Cost** £9 per head

### Bread Making

Discover the delights of dough and make a bread roll to take away. Explore the science, culture and history of bread and find out why you *need* to *knead*. You will make the dough from scratch, including grinding wheat grains to make flour. Experience how a sticky lump of combined ingredients develops into a soft and elastic dough. Shape into your own design of bread roll and delight in the smell of baking bread.

**Time allowed** approx. 1-1½hrs

**Minimum group size** 10 participants; **Maximum** 20 participants; **Cost** £10 per head

### Natural Dyes

Discover how to make natural dyes from a variety of plant materials foraged by you locally (weather/season permitting) and experiment with them using your own cloth or on strands of wool provided.

**Time allowed** approx. 1-1½hrs

**Minimum group size** 10 participants; **Maximum** 15 participants; **Cost** £10 per head

### Den Building

A fun session, brilliant for team building and getting some fresh air. Work in teams to see who can build the sturdiest and most water tight den in our Green Man Glade.

**Time allowed** approx. 1hr

**Min group size** 10 participants; **Maximum** 20 participants; **Cost** £9 per head

### Paper Making & Notebook Binding

Recycle and reuse paper in this informative session. You will find out about the history of paper making (including how we were helped by wasps!), make your own paper and a notebook which reuses paper and cereal boxes bound in a traditional Japanese style.

**Time allowed** approx. 1-1½ hrs

**Minimum group size** 10 participants; **Maximum** 15 participants; **Cost** £10 per head



## Organic Farm Tour

Experience the sights, sounds and smells of our working organic dairy farm. Our conversion to organic farming raises many issues of interest whether from an environmental, business or farming point of view. During the tour, you will discover the inputs, outputs and processes of a working organic dairy farm. Don't forget your wellies!

The farming calendar is largely divided into four seasons, each with very different challenges.

### Spring (April-June)

It is time for the cows to be turned out to graze after being housed for the winter months. The ground becomes drier and grass growth accelerates. There are opportunities to discuss grazing management, crop rotation, spring sowing, soils and the impact of climate change.

### Summer (July-September)

The summer season is the best time to go on a field trail and look at the grazing management and arable crops. Seeing the cows in the fields, talking about why we chose to become organic, and how it makes a difference. The cows and heifers will start to calve towards the end of August.

### Autumn (September-October)

The cows come in to the winter housing as the grass growth declines and the fields become wetter. Calving continues through September and October. See the new-born calves and milking in action. Milk production rises rapidly through the autumn. A good time to talk about the organic milk market, past, present and future.

### Winter (November-March)

The cows are coming in for the winter. Diets change and we move on to feeding silage. The silage making and management is incredibly important to ensure the cows are fed through until spring. Some cows will also be calving in February for a short while. Winter is also the breeding season, when the Farmers artificially inseminate the cows. You might even see an A.I demonstration, and learn about fertility, reproduction and the importance of nutrition.

**Time allowed** approx. 1hr

**Minimum group size** 10 participants; **Maximum** 25 participants; **Cost** £8 per head

## Underwoodsman Ltd. Courses

### Mallet Making and Woodland Walk/Talk

Find out how and why the woods are looked after at Bore Place, and make a greenwood log mallet.

**Time allowed** 2-3 hrs

**Minimum group size** 2 participants; **Maximum** 12 participants; **Cost** £90 per session

### Willow Workshops

Learn the technique of willow weaving to create a sculpture or supports for your plants.

#### Sweet pea obelisks

**Time allowed** approx. 3 hours

**Max group size** 10 participants

**Cost** £90 per session, plus £10 per head

#### Dragonflies

**Time allowed** approx. 3 hours

**Max group size** 10 participants

**Cost** £90 per session, plus £5 per head

#### Sunflowers

**Time allowed** approx. 3 hours

**Max group size** 10 participants

**Cost** £90 per session, plus £5 per head

#### Christmas decorations

**Time allowed** approx. 3 hours

**Max group size** 10 participants

**Cost** £90 per session, plus £10 per head