



## Extended Teambuilding Day (KS2/KS3)

Time	Activity
09:30	Arrive, welcome and introduction
10:00	Orienteering
11:00	Snack and toilet break
11:15	Survival Challenge
12:15	Lunch and waste audit
12.45	Bushcraft
13.45	Snack and toilet break
14:00	Environmental Arts
15:00	Snack and toilet break
15:15	Walk to Bough Beech Reservoir, and games
16.45	Campfire cooking
17.45	Tidy up and debrief
18:00	Programme ends

### Important information about your visit

- Please ensure pupils bring a nut-free packed lunch snacks for breaks
- Please ensure that pupils wear suitable clothing: this should be something that won't spoil if it gets a bit dirty and should be appropriate for the season of your visit. At all times of the year, the optimum clothing includes waterproofs and wellies.
- **It is essential that all pupils and participants bring two pairs of footwear: a pair suitable for wearing outside (ideally wellies) and a pair for indoor/travel use.**

### Summary of activities

#### Orienteering

Work together to tackle an interactive orienteering exercise exploring our fields and woodlands.

#### Survival Challenge

Head to the Green Man Glade to embark on an exciting challenge where teamwork is the name of the game.

#### Bushcraft

Get hands-on and hone your bushcraft skills with a practical creative activity.

#### Environmental Arts

See and feel the colours and textures in nature and take inspiration from the surrounding countryside to make a group natural artwork piece.

#### Walk and Games

Walk across our fields to a viewpoint looking out over Bough Beech Reservoir to play team games and reflect, before heading back via our organic dairy farm to view the herd being milked.

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### Campfire Cooking

Return from the walk to a much-needed rest and end the day by a roaring campfire with hot jacket potatoes\*, followed by toasted marshmallows.

### Lunchtime waste audit

Pupils will be encouraged and helped to sort their lunch leftovers into containers for recyclable and non-recyclable items, as well as food waste for composting.

### \*Allergies and dietary requirements

Campfire cooking will consist of a jacket potato with baked beans and/or cheese (vegetarian, gluten-free and vegan). If any participants have any other dietary requirements, please make this known on your booking form.