



Survival Challenge (KS1)

| Time | Activity |
|-------|----------------------------------|
| 10:00 | Arrive, welcome and introduction |
| 10:15 | Foraging and Fire Lighting |
| 11:30 | Shelter Building |
| 12:30 | Lunch and waste sorting |
| 13:00 | Farm Tour |
| 14:00 | Programme ends |

Important information about your visit

- Please ensure pupils bring a packed lunch
- Please ensure that pupils wear suitable clothing: this should be something that won't spoil if it gets a bit dirty and should be appropriate for the season of your visit. At all times of the year, the optimum clothing includes waterproofs and wellies.
- **It is essential that all pupils and participants bring two pairs of footwear: a pair suitable for the tour of the farm (ideally wellies) and a pair for indoor/travel use.**

Summary of activities

Foraging and Fire Lighting

Exploring our vegetable gardens, meadows and glades, pupils will forage for firewood and something to cook. Pupils will be encouraged to think about seasonality and learn some basic plant identification skills. Pupils will explore the basic needs of humans for survival and learn about fire safety and looking after themselves and others through cooking a snack on a campfire.

Shelter Building

Pupils will work as a team to build a waterproof shelter and thinking about habitats, structures, design, and materials.

Tour of farm

Pupils will visit our working organic dairy farm. They will learn how our cows are looked after, what they eat, what they produce and where they live. Pupils will be encouraged to think about where their food comes from.

Waste sorting

Pupils will be encouraged and helped to sort their lunch leftovers and packaging into the correct bins. There will be discussion about how we can reduce, re-use or recycle our waste.

Links to the Primary Curriculum

The Survival Challenge programme contributes to the following curriculum areas:

KS1 Design and Technology

Cooking and nutrition

- understand where food comes from.
- select from and use a range of tools and equipment to perform practical tasks.

KS1 Science

Plants

- identify and name a variety of common wild and garden plants

Seasonal Change

- observe changes across the four seasons

Living things and their habitats

- identify that most living things live in habitats to which they are suited and describe how different habitats provide for the basic needs of different kinds of animals and plants, and how they depend upon each other.
- describe how animals obtain their food from plants and other animals, using the idea of a simple food chain, and identify and name different sources of food.

Animals, including humans

- find out about and describe the basic needs of animals, including humans, for survival