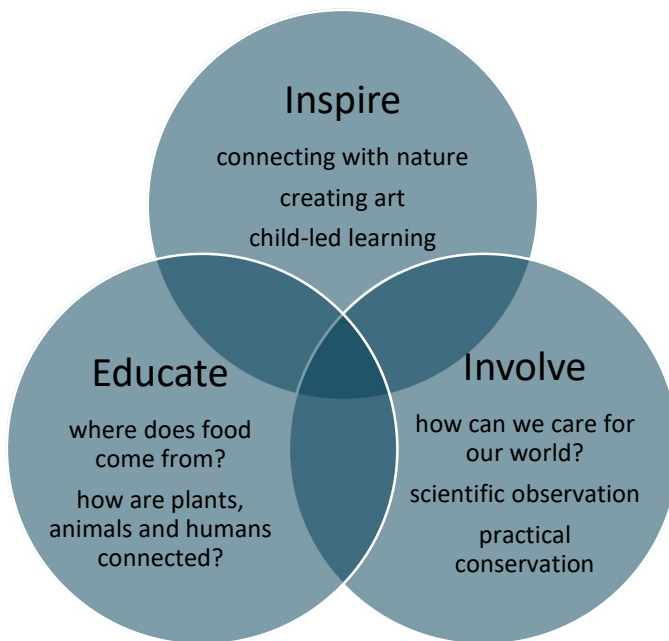


## Nature Champions

Our nature champions delve more deeply into the relationship between farming and nature. We aim to inspire young people with a love of the natural world, educate them about food production and regenerative farming, and involve them in taking care of our world for future generations.



## Nature Champions sample programme

Please note that some activities in this programme may change with the seasons

10:00	Welcome and safety chat Introductory discussion
10:30	Tour of our organic dairy farm
11:15	Break
11:30	<b>Meadow survey:</b> go sweep netting for insects and record the numbers of each species. Find out about their life cycles. Lift up the reptile mats to check for visitors and record your findings.
12:30	Lunch
13:00	<b>Express yourself:</b> explore the site to find natural, seasonal craft materials and use these to make a piece of natural art.
14:00	Day ends

## Important information about your visit

- Please ensure pupils bring a packed lunch
- Please ensure that pupils wear suitable clothing: this should be something that won't spoil if it gets a bit dirty and should be appropriate for the season of your visit. At all times of the year, the optimum clothing includes waterproofs and wellies.
- **It is essential that all pupils and participants bring two pairs of footwear: a pair suitable for the tour of the farm (ideally wellies) and a pair for indoor/travel use.**