

Time	Activity
10:00	Arrive, welcome and introduction and Little Red Hen story
10:30	Baking Bread Rolls
11:45	Lunch and waste sorting
12:15	Farm Tour
13:15	What Do Seeds Need To Grow?
14:00	Programme ends

Important information about your visit

- Please ensure pupils bring a packed lunch
- Please ensure that pupils wear suitable clothing: this should be something that won't spoil if it gets a bit dirty and should be appropriate for the season of your visit. At all times of the year, the optimum clothing includes waterproofs and wellies.
- **It is essential that all pupils and participants bring two pairs of footwear: a pair suitable for the tour of the farm (ideally wellies) and a pair for indoor/travel use.**

Summary of activities

Baking Bread Rolls

Pupils will discover where flour comes from and learn about different types of flour. They will learn how to make bread, including grinding some of their own flour, kneading and shaping the dough. Each pupil will make an individual hen-shaped roll and the class will make a collaborative loaf to take back to school.

Farm Tour

Pupils will visit our working organic dairy farm. They will learn how our cows are looked after, what they eat, what they produce and where they live.

What Do Seeds Need To Grow?

Pupils will explore the grounds of Bore Place to find out what seeds need in order to grow and to look at the different parts of plants. They will then plant their own wheat grains to take back to school to observe growing.

Waste sorting

Pupils will be encouraged and helped to sort their lunch leftovers and packaging into the correct bins. There will be discussion about how we can reduce, reuse or recycle our waste.

Links to the Primary Curriculum

The Little Red Hen programme contributes to the following curriculum areas:

KS1 Design and Technology

Cooking and nutrition

- understand where food comes from.

KS2 Design and Technology

Cooking and nutrition

- understand seasonality and know where and how a variety of ingredients are grown, reared, caught and processed.

KS1 Science

Seasonal changes

- observe change across the four seasons and describe weather associated with the seasons and how day length varies.

Plants

- identify and name a variety of common wild and garden plants.
- identify and describe the basic structure of a variety of common flowering plants.
- observe and describe how seeds and bulbs grow into mature plants.
- find out and describe how plants need water, light and a suitable temperature to grow and stay healthy.

Animals including humans

- find out about and describe the basic needs of animals, including humans, for survival.
- notice that animals, including humans, have offspring which grow into adults.