

Forest School – Sample 6 Week Programme

KS1 and KS2

Week	Session Activities	Session Overview	Curriculum Links
1	 Welcome Hazard Treasure Hunt Recall Games Snack/hot drink break Environmental Arts & Crafts i.e. natural paint/hapazome 	 Introduction to hazard awareness Introduction to recall/familiarise yourself with the site, establish routines and safe practices Basic plant ID 	 Science – ID and name common wild plants and trees Science – ID and describe basic flowering plant and tree structure Arts – Use a range of materials creatively to design and make products
2	 Journey sticks Recall games Snack/hot drink break Mini-beast hunt 	 Getting acquainted with the journey Rehearsing recall Introduction to fire safety 	 Science – Observing closely Science – Identifying and classifying Science – Use observations and ideas to suggest answers and questions Science – ID, describe and compare common animals Science – Seasonal change
3	Shelters • Warm Up Games • Den building • Clay mini-beats	 Rehearse fire safety and recall Use team work to build an effective shelter Build on knowledge of place, inhabitants and habitats 	 Design and Technology – Evaluate ideas and products against design criteria Design and Technology – build structures, explore how they can be made stronger Science – find out about and describe the basic needs of animals, including humans, for survival (water, food and air) Science - recognise that environments can change and that this can sometimes pose dangers to living things Science – Seasonal change
4	Exploring Microscopes and mirrors Fire striking and theory Muddy kitchen challenge 	 Build on knowledge of site Encourage observation and recording To be able to make fire safely, caring for self and others 	 Science – observing closely using simple equipment Design and Technology – select from and use tools and equipment to perform practical tasks Art – Creatively develop and share ideas, experiences and imaginations
5	 Whittling to create tools Fire striking and toasting marshmallows 	 Learn safe tool practices 	 Design and Technology – select from and use tools and equipment to perform practical tasks

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6	Choice Day – could include tour of the farm, trails, map making, foraging and cooking traditional bread and nettle soup, braiding, wands/swords/bows and arrows, mud kitchens		To be mapped against the curriculum once chosen
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Important information about your visit

- Please ensure pupils bring a packed lunch
- Please ensure that pupils wear suitable clothing: this should be something that won't spoil if it gets a bit dirty and should be appropriate for the season of your visit. At all times of the year, the optimum clothing includes <u>waterproofs</u> and <u>wellies</u>.
- It is essential that all pupils and participants bring two pairs of footwear: a pair suitable for outdoor use (ideally wellies) and a pair for indoor/travel use.