



## Job Description

# Garden Therapist (maternity cover – September 2018 to March 2019)

| Location                                 | Reports to                   | Salary   |
|--|------------------------------|--|
| Bore Place, Chiddingstone, Kent, TN8 7AR | Health and Wellbeing Manager | £10,800 - £12,000 (22.5 hours a week – Tuesday to Thursday). Pro rata for 9 month contract |

### Job Purpose

Bore Place is an organic dairy farm of 500 acres based in West Kent. It is the home of The Commonwork Trust, and comprises the farm, market garden, a residential training venue and education centre. The aim of the Trust is to provide programmes to enable young people to learn, grow and be inspired.

The purpose of this post is to work alongside our Market Gardener and Grow to Grow programme, supporting vulnerable young people (14 – 24), many of whom are experiencing mental health difficulties. Grow to Grow provides an opportunity for young people to be part of a small team producing fruit and vegetables, while receiving therapeutic support from experienced team members. This role will oversee the work of the young people working in the market garden, while also demonstrating to the participants, how a small business can work.

The Market Garden is approximately 2 acres with 3 polytunnels, and has a wide range of fruit and vegetables grown. It provides produce for local restaurants and pubs, the Bore Place residential venue, a weekly staff veggie box scheme, as well as being a education resource for our school programmes.

This post currently receives some financial support from The Big Lottery but is working towards being a sustainable social enterprise and part of the ongoing activities at Bore Place. To that end, the post holder is required to be supportive of the overall aims and objectives of the Grow to Grow project which is the recipient of the current grant funding.

### Responsibilities and tasks

#### Supporting the Market Gardener

- Working in the Market Garden, alongside the Market Gardener to identify suitable tasks for groups and individuals attending the Grow to Grow programme.
- Working in the Garden, with the therapeutic staff and young people
- Supporting the growing and harvesting of fruit and vegetables and support the supply of produce to the various outlets
- Maintain Health and Safety standards and requirements

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### Working as part of the Grow to Grow team

- To provide a supportive working environment that offers a positive experience of working as part of a small team and social enterprise by planning tasks on a weekly basis, working on a one to one basis with young people who attend the project
- To coaching young people attending Grow to Grow in all aspects of planting, maintaining and harvesting of produce
- Assisting with bottling of produce (honey, jam, chutneys) including purchase of jars and other elements

### Working with others at Bore Place

- Working with our Head Chef and Sustainable Food Co-ordinator, to provide produce for planned menus
- Working in partnership with colleagues around the dairy farm and the site to help to fulfil the overall aims of Bore Place
- Giving tours around the Market Garden to visiting individuals or groups.

## Person specification

### Essential Criteria

- Sound knowledge and practical experience of growing organic fruit and vegetables
- Experience of working with vulnerable young people
- Able to set up and manage tasks that adapt to the needs of the young people
- Able to work with vulnerable groups and access suitable support if needed
- Able to maintain a healthy and safe working environment, including first aid, safe use of tools and machinery on the site, adhering to the Bore Place Health and Safety, Equal Opportunities and Safeguarding policy requirements
- Undertake risk assessments to support the work
- Clean driving licence necessary

### Useful criteria

- Experience of working in mental health and/or care farm setting
- Experience of working with volunteers
- Experience of training and instructing

Please note the successful post holder will be subject to an enhanced DBS check and will be supported with appropriate training.